

The Isolationist's Epiphany

13 LESSONS LEARNED FROM REAL FRIENDS

- 1) It's okay to trust
- 2) Trials and challenges are all relative (and love can be found through all)
- 3) Don't give up on being you
- 4) Someone is always there
- 5) You can be different and still love
- 6) I am amazing and special (you are!)
- 7) Lifelong friends can be made in seconds and unlikely places
- 8) Good friends help you through just by being
- 9) Everything happens for a reason
- 10) I am valuable to someone (yes!)
- 11) Hang in there; even through the worst, there is light
- 12) You deserve all you deserve, especially in love
- 13) BE THERE when it matters, as they will be for me